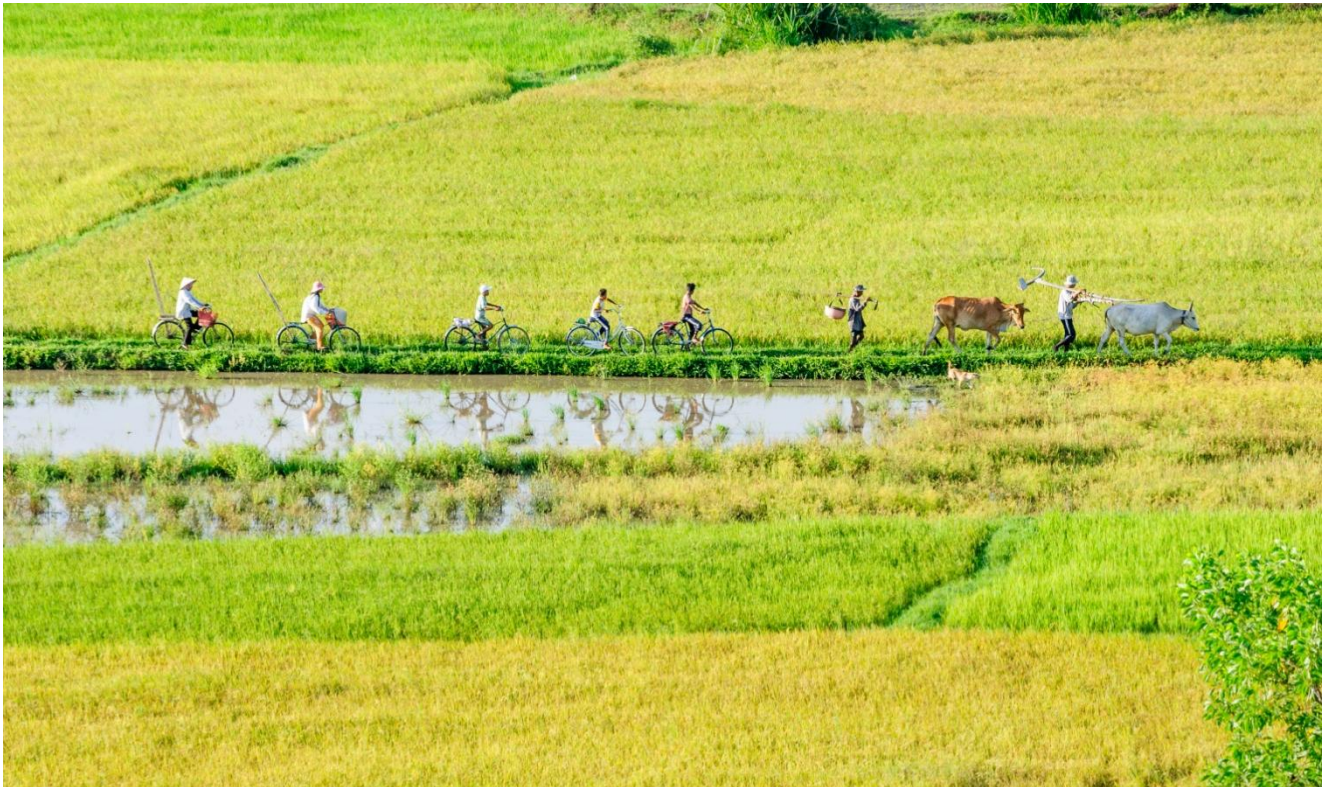




## CYCLING MEKONG 4 DAYS – CYCLING DEEP INTO THE MEKONG DELTA



Code: SM04C

Routes: HCM City – Vinh Long – Chau Doc – Can Tho

Duration: 4 Days / 3 Nights

Features: Taking some time off to fully immerse yourself into the local culture makes travelling much more valuable. Hopping on a bicycle and cycling your way through the Mekong region is positively the best way to explore the daily life here. This trip is the perfect combination of cycling and boat cruising in an amount of time that will ensure a trip of a lifetime.

## Day 1: HCM City – Vinh Long



At 8:00 AM, we pick you up from your hotel in HCM City and head to My Tho village (about 2 hours) for our first boat trip. Take part in some late morning drifting down the bustling branches of the Mekong Delta and into her tranquil canals.

The first stop is on one of the area's many islands to sightsee. Visit a traditional Mekong Delta house & kitchen; indulge in some seasonal fruit along with some local tea and fresh honey; visit a local rice wine distillery for wine tasting; then paddle one of the small sampans along the smaller waterways.

Break for lunch after this jam packed morning, then a short rest, followed by a leisurely afternoon bicycle ride (2 hours) on small dirt roads and walking bridges. Reach a local ferry crossing and then onto Cai Be where we board a touring boat to the floating market and cruise over the mighty Mekong River. Our day ends at Binh Hoa Phuoc & An Binh Island where you can take in a great sunset view from the shores of the Mekong. Dinner and overnight at a guesthouse on island.

*Inclusion: Transfer, guide, bicycle, entrance fee, local boat, seasonal fruits, lunch, dinner and guest house.*

## Day 2: Vinh Long – Chau Doc



Wake up early (around 8:00 AM) and have breakfast then its back on the bikes for a 1/2 hour pedal to the ferry crossing for Vinh Long. Then it's time to cover some distance, by bike, to An Hoa then onto Chau Doc. Depending on the groups cycling ability, a tailored special route is planned for this long day on two wheels passing numerous rural riverside villages and riding along immense rice fields.

We break for our lunch at a local street-side stall then we transfer to Chau Doc for our bike again. We hike up 2.5 km to Sam mountain, enjoy





the sunset from the summit. The route is traveled by a mix of car and bicycle. Stay overnight in Chau Doc.

*Inclusion:* *Transfer, guide, bicycle, entrance fee, all meals, local boat and hotel.*

### Day 3: Chau Doc – Can Tho



Up at 8:00 AM for an early cruise to an amazing riverside market. Be witness to this smorgasbord of sounds, colours and smells. Also cruise through the floating village and their fish farms. Discover the ethnic Cham village with its famous Mubarak Mosque and watch the locals go about their traditional weaving.

We cycle to Cambodia border with a stop over Tra Su natural reserve, see Khmer pagoda enroute. Then transfer to Can Tho for check in hotel then dinner and stay at your hotel.

*Inclusion:* *Transfer, guide, bicycle, entrance fee, all meals, local boat and hotel.*

### Day 4: Can Tho – HCM City



Morning boat trip to the interesting and chaotic Cai Rang Floating Market, then up a quiet canal for more cruising. Back on the bikes (about 2 hours) to enjoy the beautiful Mekong Delta scenery meeting the locals (many on bicycle too). After lunch, we head back to HCM City. Tour ends at your hotel around 5:30 PM

*breakfast, lunch and local boat.*

*Inclusion:* *Transfer, guide, entrance fee,*



**Inclusion:** See inclusive items listed after each day.

**Exclusion:** Insurance, drinks, personal expenses, others not mentioned in details, tips are welcome!

## **LEGAL ASPECTS**

**Booking Terms & Conditions:** Tour itinerary and tour prices are subject to change without prior notice. Please [click here](#) for more information.

## **ORGANISATION**

**Tour guide:** English speaking guide

## **ACCOMMODATION**

**Hotel:** We use standard 2 star++ hotel, twin shared room. Upgrade is available on request. Optional for countryside homestay.

**Guest house & Homestay condition:** Very basic & simple with local style (basic beds, shared bath and no hot water).

## **FOOD**

**Meals:** Vietnamese food. If you have any allergies, special requests or if you are on a special diet please let us know. We will arrange it for you in advance.

## **SUSTAINABILITY**

**Please Travel Responsibly:** The small things you do will make a [big difference!](#)

## **PREPARATION OF THE CUSTOMER**

**Seasonal preparation:** Best time to travel is from September to April of next year

**What to bring:** We recommend that riders bring passport, changes of clothes, a small day bag with sun block, sunglasses & hat, insect repellent and camera, personal first aid kit &



medicines, small VND notes for buying drinks. Good sport shoes and biking shorts are suggested. Sandals are not recommended. Please remember to pack light.

Before your departure, please make sure you read our *what to bring & tips and other important notes* for trekking, cycling trips and summer travel in Vietnam.

### **CYCLING INFORMATION**

**Bike:** High – end mountain bike or hybrid bike

**Routes:** We try to take you to quite road but not totally off road, we sometimes meet road with a few cars & trucks. If you are not comfortable with trucks, please consider to take this trip.