

# CYCLING MAI CHAU 2 DAYS – A CYCLE THROUGH THE BEAUTY OF MAI CHAU'S



Code: CMC02

Routes: Hanoi – Mai Chau – Hanoi

Duration: 2 Days / 1 Night

Features: Cycling Mai Chau is one of the best ways to get close to the natural surroundings and local culture. This is a great 2-day trip that adds some physical activity to your experience. Cycling through spectacular countryside scenery, ethnic villages, and rice paddies. This trip is suitable for those who have cycled before. Best from September to April.



# Day 1: Hanoi – Mai Chau



Departure from your Hanoi hotel at 8:00 AM. Start riding after an hour drive on the quiet countryside roads, cycling distance can be flexible as we will have our van following us all the way.

Lunch stop on our halfway to Mai Chau, we will then continue our afternoon cycling up and down hills, and along the Hoa Binh lakes where you encounter an amazing view of the peaceful lakes.

Our late afternoon descending down hills to Mai Chau, arrive in Poom Coom – a tribal village of Thai. Dinner and overnight in a local guest house here. Cycling Distance: about 50 – 80 km Trail Difficulty: 3/5

Inclusion: Transfer, guide, guest house, lunch, dinner, mountain bike, helmet, snack & water.

# Day 2: Mai Chau surroundings, back to Hanoi



Up early to take full advantage of the day. Village to village cycling is on order. Today we should cover about 30 km of distance on two wheels. Highlights include cycling along small village paths at the foot of the area mountains. Interact with locals from the Thai and Muong ethnic minorities. Lunch back at Poom Coom village. Finish cycling and back to Hanoi in the early evening.

Cycling Distance: 30 km Trail Difficulty: 2/5

Inclusion: Transfer, guide, breakfast, lunch, mountain bike, helmet, snack and water.

Inclusion: See inclusive items listed after the itinerary



**Exclusion**: Insurance, drinks, personal expenses, others not mentioned in details, tips are welcome!

# LEGAL ASPECTS

**Booking Terms & Conditions:** Tour itinerary and tour prices are subject to change without prior notice. Please <u>click here</u> for more information.

#### ORGANISATION

Tour guide: English speaking guide.

#### **TRANPORT**

**Car / Van Quality:** We use new AC car or van depending on your group size. **Bike:** High end mountain bike: Trek 3900 or trek 4500 and giant.

#### ACCOMMODATION

**Guest house**: is very basic and simple with local style. Please visit our website for FAQs on <u>www.Footprint.vn</u>

# FOOD

**Meals** are Vietnamese foods at a local house. If you have any allergies, special requests or if you are on a special diet please let us know. We will arrange it for you in advance.

#### **SUSTAINABILITY**

Please Travel Responsibly! The small things you do will make a big difference!

**Communication**: Expect warm, friendly welcomes and hellos from the local people when you ride through the small communities and visit the local homes. If you want to bring small gifts, things like note books, books, pens, pencils, toys, balloons, for example, are recommended.

# PREPARATION OF THE CUSTOMER



**Seasonal Preparation**: Best time to visit is from May to October. May through August is generally Vietnam's hotter months.

**What to bring**: Passport, change of clothes, a small day bag with sunglasses & hat, toiletries, sun-block, insect repellent, flashlight, good sport shoes, personal first aid kit & medicines, small VND notes for buying drinks. If you feel the need then a cable lock for your bags is recommended.

Before your departure, please make sure you read our *what to bring & tips and other important notes* for trekking, cycling trips and summer travel in Vietnam.

Proper wear is needed to visit the temples (long pants and covered shoulders)

# **CYCLING INFORMATION**

**Cycling time:** The cycling time is just approximate and depends on our speed and the weather.

**Routes on Google map**: Cycling Mai Chau 2 days (viewable on Pc and smart devices). There are some parts of the ride that could be busy with traffic, please always follow your guide's instructions for a safe ride. The cycling route can be changed due to external circumstances such as weather.

#### **ADDITIONAL INFORMATION**

This itinerary and supplementary information has been complied in good faith and was accurate at the time of writing.