

# MAI CHAU & PU LUONG CULTURAL HIKE 2 DAYS



Code: MP02

Routes: Hanoi - Mai Chau - Pu Luong - Hanoi

Duration: 2 Days / 1 Night

Features: An intermediate hike through the one of the most beautiful parts of Vietnam's

northern mountains.



# Day 1: Hanoi - Mai Chau - Pu Luong



Depart from your Hanoi hotel at 8:00 AM transferring to Mai Chau on our spectacular 4 hour drive. Upon arrival at PoomCoom village in Mai Chau, we take a short walk to visit the ethnic Thai people then lunch are served.

At 1:00 PM, take a short car ride in about 1 hour before we set off for our hiking through the beauty of Pu Luong nature reserve, the trek is

intermediate level and requires some walking up hills but it's worth your hike as we will see many spectacular views of villages and terraces.

Arrival at the Thai stilt homestay in the late afternoon. Free time to rest and shower, then a traditional dinner with our host family. Overnight here.

Driving Distance: about 230 km

Trekking Distance: about 9 km (3 hours)

Trail Difficulty: 3/5

Inclusion: Transfer, guide, entrance fee, lunch, dinner, drinking water, homestay with permit.

# Day 2: Pu Luong - Thanh Hoa, drive back to Hanoi



Wake up as early as you wish to witness the daily life of the locals before having breakfast at 7:00 AM.

We will have a more relaxing morning today to stroll around the village of the Thai people, pay a visit to some of the neighbors, learn more about their life and society.

Some more easy hike long the paddy field if time permits before catching our van ride to the lunch spot.

We will then have a scenic drive back to Hanoi. Finish our trip at your hotel around 5:00 PM.



Driving Distance: 235 km

Inclusion: Transfer, guide, drinking water, breakfast, lunch.

**Inclusion**: See inclusive items listed after each day

**Exclusion**: Visa, insurance, drinks, personal expenses, others not mentioned in details, tips

are welcome!

#### **LEGAL ASPECTS**

**Booking Terms & Conditions:** Tour itinerary and tour prices are subject to change without prior notice. Please <u>click here</u> for more information.

#### **ORGANISATION**

Tour guide: English speaking guides on sites.

### **ACCOMMODATION**

**Homestay condition**: The homestay condition is very basic, please visit our website for FAQs on <a href="www.Footprint.vn">www.Footprint.vn</a> for further information on the homestay conditions. The homestay will give you the opportunity to connect with the local culture, as you will stay with a family of an ethnic minority and receive your dinner from them.

#### **TRANSPORT**

Car / Van Quality: New air-conditioned cars or vans, depending on the group size.

#### **FOOD**

Vietnamese foods. The meals will be either served in the homestay or in local restaurants depending on the activities.

If you have any allergies, special requests or if you are on a special diet please let us know. We will arrange it for you in advance.

## SUSTAINABILITY

Please Travel Responsibly: The small things you do will make a big difference!



### PREPARATION OF THE CUSTOMER

**Seasonal preparation:** The best time to travel is from November to May. There are also great photo opportunities during this time and the rice cultivation period from March to May and July to October offers amazing views. Don't forget to bring your camera with a zoom lens. Heat and humidity in the rainy season (Summer months: May to September) can make this tour very difficult. Please check with our travel consultant for more details before booking.

**What to bring:** Passport, change of clothes, sun-glasses & hat, toiletries, sun-block, insect repellent, flashlights, proper hiking boots /trekking shoes, personal first aid kit & medicines, small VND notes for buying drinks. If you feel the need then sleeping bags, cable lock for your bags is recommended.

Before your departure, please make sure you read our what to bring & tips, as well as other important notes for trekking trips, and summer travel in Vietnam.

#### TREKKING INFORMATION

**Age:** The minimum age we accept for this tour is 10 years with no exception. The program is not recommended for seniors (above 65 years) who do not have a good physical fitness.

**Experience:** The trek demands some experience in co-ordination, fitness and stamina. The great effort will be rewarded with fantastic views. Clients should have previous trekking experience. Nevertheless, our guide will be flexible to suggest you the most proper trekking route adapted to your physical fitness.

**Route:** The trekking route can be changed due to external circumstances such as weather (the rain season between June and October can cause muddy paths which can become dangerous). Your Footprint travel consultant will assist you with any changes.

**Trekking time:** The trekking time is approximate and depends on the weather and the walking speed.

Routes on Google map:



