

NORTH TREK & CRUISE 4 DAYS – ENJOY THE BEST OF NORTHERN VIETNAM



Code: NV04

Routes: Hanoi – Sapa – Ha Long – Hanoi

Duration: 4 Days / 3 Nights

Features: This trip is ideal for those with limited time interested in the cultural mosaics and inspirational landscapes of the North of Vietnam, and for those with limited time, this is truly ideal for you. A panorama of diverse beauty starting from Hanoi to Sapa's mountains, terraced rice paddies and ethnic minorities; to the magic and treasures of Ha Long Bay

Day 1: Hanoi - Lao Cai - Sapa, trek to Ta Phin



The night before at 8:30 PM, we meet you at your hotel for your transfer to the Tran Quy Cap train station for boarding at 9:40 PM. You share an AC soft sleeper cabin and travel North to Lao Cai town.

Today morning at around 6:30 AM, you are welcomed by our driver at the train station to transfer to Sapa. When you arrive in Sapa, you have a time for a short rest, hot shower and some breakfast before your inspiring trek. A short transfer and we're off. Chances to meet and talk with locals working in the fields are plentiful. Picnic lunch en route then continue trekking to Ta Phin village – home of the Red Dao people. Your Dao host family warmly welcome you to their traditional home where we share in an ethnic style dinner and stay the night.

Trekking Distance: 14 km (4-5 hours)

Trail Difficulty: 4/5

Inclusion: Transfers, guide, train ticket, morning shower, entrance fee, all meals, permit, homestay.

Day 2: More in Ta Phin, back to Sapa, then Lao Cai for night train to Hanoi



At the first gleam of daylight, you see and hear the sounds of morning village life. You can join your host family in some of their morning activities like feeding the animals, cleaning the houses, gardening or preparing breakfast. After breakfast, we take a short wander around the village or spend more time enjoying the view and company at the homestay. Then, you are supported by our car / van back to Sapa (30 minutes).



Back in Sapa, check in to your hotel, shower, rest and lunch on your own. At 2:30 PM we take an easy walk to Cat Cat village, home of Black H'mong. Take part in a traditional musical performance. Back in Sapa for dinner and the evening on your own. Overnight here.

Trekking Distance: about 5 km

Trail Difficulty: 2/5

Note: The music show in Cat Cat village is closed on Tuesday afternoon. We arrange and alternative activity.

Inclusion: Transfer, guide, entrance fee, breakfast, music show ticket, train ticket.

Day 3: Hanoi – Ha Long, welcome on the boat



Safely back in Hanoi at 5:00 AM please find your way on foot back to a prearranged hotel near the train station. Shower, short rest and basic breakfast.

Departure for Ha Long Bay is around 8:00 AM in a shared van (about 4 hours) from your hotel. Arrive at the port around noon. Welcomed on board, you are taken to your cabin before the trip briefing. You

enjoy a fresh and local seafood lunch while cruising to explore the magic Bai Tu Long Bay. Relax on the boat or explore by kayak. Later you return back to the boat just in time to watch the beautiful sunset from the top deck before enjoying the bay's freshest seafood dinner.

Inclusion: Transfer, guide on boat, morning shower, entrance fee, kayak, boat / junk, all meals, permits.

Day 4: Explore the tranquil scenery off magic bay, back to Hanoi



Early risers can enjoy the sunrise and the quiet breath-taking beauty of Bay's landscape with towering limestone. You have breakfast at around 7:00 AM before our short transfer to visit mysterious cave.

Lunch on the boat as we slowly cruise back to boat pier. Hit the road back to Hanoi around 5:30 PM.

Inclusion: Transfer, guide on boat, entrance fee, boat / junk, breakfast, lunch.

Exclusion: Visa, Insurance, drinks, personal expenses, others not mentioned in details, tips are welcome!

LEGAL ASPECTS

Booking Terms & Conditions: Tour itinerary and tour prices are subject to change without prior notice. Please [click here](#) for more information.

ORGANISATION

Transportation schedule: Please be aware that trains and other services are subject to availability. When trains are cancelled or delayed, Footprint will endeavour to secure alternative arrangements of similar value. Train details will be updated once the booking is confirmed (your confirmation e-mail).

Tour guide: English speaking guides (on sites).

ACCOMMODATION

Homestay condition: Very basic& simple with local style, please visit our website for FAQs on www.Footprint.vn

TRANSPORT



Ha Long Bay: Shared minivan and deluxe junk. Twin shared cabin aboard the boat. Upgrade is available at your request.

Car/Van Quality: Using new AC car or van depending on your group size.

Train: The night trains are soft sleeper, air conditioned trains. Please [click here](#) for more information.

FOOD

Meals: Vietnam food & seafood. If you have any allergies, special requests or if you are on a special diet please let us know. We will arrange it for you in advance.

SUSTAINABILITY

Please Travel Responsibly: The small things you do will make a big difference.

PREPARATION OF THE CUSTOMER

Seasonal Preparation: The best time to travel in Vietnam is between September and April. The temperatures are more comfortable in this period and the rain season in the summer will be avoided. If you decide to travel in Vietnam in its summer months, please review our travel tips and notes for summer travel, which we will send you along with this itinerary.

What to bring: Passport, change of clothes, swimsuit, a small day bag with hat, sun-block, insect repellent, camera, proper trekking boots/shoes, personal first aid kit & medicine, small VND notes for buying drinks. If you feel the need, you can bring along a luggage lock for your belongings. Sandals are not recommended. Please remember to pack light.

TREKKING INFORMATION

Age: The minimum age we accept is 10 years with no exception. The program is not recommended for seniors (above 65 years) who do not have a good physical fitness.

Experience: The trek demands some experience in co-ordination, fitness and stamina. The great effort will be rewarded with fantastic views. Clients should have previous trekking experience. Nevertheless, our guide will be flexible to suggest you the most proper trekking route adapted to your physical fitness.

Trekking time: The trekking time is approximate and depends on the weather and the walking speed.

Route: See [our routes](#) on Google map. The trekking route can be changed due to external circumstances such as weather (the rain season between June and October can cause muddy paths which can become dangerous).

