



## **TREK PU LUONG & TEACH ENGLISH, 5 DAYS**



Routes: Hanoi - Mai Chau - PuLuong – Hanoi

Duration: 5 Days / 4 Nights

Feature: This is a great combination of adventure, nature, culture and volunteering to help the locals. On this three-day trek you will be guided through the picturesque regions of the *PuLuong* Nature Reserve. Enjoy the surrounding beauty, stay in an ethnic village and teach local school kids English. An unforgettable experience.

Tour type: Private tour



## Day 1: Hanoi – Nam Son – Pu Luong (~140 km; ~ 5 hour hard trek)



Depart from your Hanoi hotel at 7:00 transferring to Mai Chau. Daydream as we drive a safe route with spectacular views. Start trekking from Nam Son and into PuLuong Nature Reserve.

This is a wonderful trek to Nu Village. Be prepared for it to get slipperary if the weather turns bad. Our host family will welcome us when we arrive. Free time to

take rest and have a shower before having a traditional dinner. Overnight here.

**Inclusion:** *Transfer, English speaking guide, entrance fees, lunch, dinner, homestay, permit.*

## Day 2: English teaching (4 hours)



Breakfast at the homestay, then a short walk to the school. Get acquainted with the teachers and the students then we will spend 2 hours teaching English. Same amount of time in the afternoon to spend time with the class helping them to improve their English.

Lunch and dinner at the same homestay of the same village of Nua.

## Day 3: English teaching (5 hours)



Today is our second day of teaching. We will have had time to revise our lesson plans if needed. Today take advantage of the added confidence enhancing interaction with some outdoor games.

Food and accommodation will be at the same place.



## Day 4: Nua trek to Kho Muong village ( ~ 5 hours)



Have breakfast then say goodbye to your new friends and hosts. We will make a quick stop at the school before starting our challenging trek. From Nua Village we travel 4 km to Hin Village. Continuing on we will take opportunities to cool down in local streams, pass limestone mountains, explore caves and visit other villages. Picnic lunch enroute.

Overnight in KhuMuong village - possibly one of the most picturesque villages in Vietnam.

There is an easier trekking route upon request.

**Inclusion:** Transfer, English speaking guide, homestay, all meals, permit

## Day 5: Kho Muong – Mai Chau, transfer back to Hanoi



Life starts early here so do take the opportunity to stroll around the village before having breakfast. At 8:00 am we start our trek. Today we will be walking approximately 1 hour.

We hike up to Dong Dieng village and stop for a short rest to experience the local daily life. From here our driver will pick us up and take us to Mai Chau for lunch.

After lunch, free time to walk around the village, then transfer back to Hanoi. Arrive back about 6:00 pm.

**Inclusion:** Transfer, English speaking guide, breakfast, lunch