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## Recycle 2017

In the world that is threatened by climate change, we have to urgently address the crisis and its impact together. That's easier said than done; especially we are just a small local company. However, remaining faithful with the core mission rooted in responsible travel, we continue to Reuse, Recycle, Reduce, Renew and Respect through Recycle Annual Event. This is a platform to inspire change among our guests, team, partners and friends.

This year, our event is taken place in Hoang Su Phi with fun and meaningful activities including mountain biking, volunteering and cultural exchange. The 4 day trip is two wheeled adventure on Vietnam's most challenging roads.

### **Day 1 (18/5): Hanoi – Suoi Thau**

- Hanoi to Ban Luoc Commune
- Bike Ban Luoc to Suoi Thau CBT. Dinner and enjoy cultural exchange activities with the locals (music performances)

### **Day 2 (19/5): Suoi Thau – Tan Phong**

- Morning: build concrete road with local people (2 Hours)
- Bike Suoi Thau – Ban Luoc – Tan Phong. After checking your bikes you head off for your ride up and down hill from Suoi Thau, via Ban Luoc to Tan Phong.

### **Day 3 (20/5): Tan Phong – Nam Son – Nam Hong**

- Climb up sealed road to the top of the pass
- Bike from lunch spot to Kinh's homestay in Nam Hong

### **Day 4 (21/5): Nam Hong – Thong Nguyen - Hanoi**

- Climb along sealed road to the start of the dirt singletrack. Enjoy undulating dirt trails to famous tea field in Phin Ho village. Learn about the oldest Shan Tuyet tea trees here.

Then cycle to Thong Nguyen and transfer to Hanoi.



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**Inclusion:** Van, pro. Mountain bikes, water, all meals, stilt house, rice wine.

**Exclusion:** Not mentioned above. Insurance for any type of injury is at your own cost.

**What to bring:** Sunglasses & hat, toiletries, sun-block, insect repellent, flashlights, rain coats, sport shoes and your own bottle for water (we will have water for you to fill).

### ----- RESPONSIBLE TRAVEL -----

**What is Recycle?** Recycle one of the 5Rs that we are encouraged to do save our mother planet, they are: Reuse, Recycle, Reduce, Renew and Respect.

**Why ReCycle at Footprint?** Cycle is one of our core products in the recent years and more to come. And everyone knows many great benefits of cycling so together with our responsible travel initiatives, in 2011, we decided to make this our annual event where the team, partners, friends can cycle, recycle at the highest possibility and support to the poor communities.

#### **What can you do on this trip?**

- Participate in various physical activities. This is good for your health and our mother earth.
- Bring your own water bottles (according to the survey by Graeme Glen, each person, in average, is using 167 plastic bottles per year, results to 1,5 million ton of trash).
- Take only photographs! Do not pick plants or flowers from a nature reserve or protected site without permission.
- Do not litter, please collect trash whenever possible,
- Keep to designated trails.
- Bring your smile along and ready to say hello to the locals.

#### **And some quick notes for safety:**

- Know your gears and your bike before you ride: <http://www.youtube.com/watch?v=0FaRdiWpCBE>
- Test your bike and your brakes well,
- Always wear a helmet,



- Do not use headphones while cycling and never use phone,
- Look left, right and behind you before you turn, overtake or stop,
- Make good hand signals with others on road, use eye contacts to make sure they understand you,
- Position yourself for the downhill. Keep your weight over your saddle on downhill.
- Keep away from the trucks.
- DRIVE SAFE & ENJOY!